# Weekly Class Timetable

Generated on Jan 16, 2026

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|---|
| **09:00 AM** | Hath Yoga | Vinyasa Yoga | Vinyasa Yoga | Vinyasa Yoga | Hath Yoga | Ashtanga Yoga | |
| **05:00 PM** | Sound Bath | Sound Bath | Sound Bath | Sound Bath | Sound Bath | Sound Bath | |